

Activating capacity building

- Participant capacity building is critical for Scheme sustainability because it develops participants who are more resilient, able to develop support options that are enduring and able to build ordinary lives strengthened by relationships, not just services.
- A significant group of participants do not use the capacity building provided in reasonable and necessary support.
- The phasing schedule inhibits in depth work with participants.
- What does the NDIS need to do to assist participants to activate capacity building?

Participants need a guide to assist. The NDIS already provides three possible sources of guides that could assist participants activate capacity building.

NDIA levers for building capacity

LACs

Strengths

- Widely available
- Positive reputation from work in WA

Challenges

- Primary role is planning
- Lack level of engagement to disrupt lifestyles built on client-hood and dependence.

Peer Support

Strengths

- Low cost

Challenge

- Most people do not have access to peer networks.

Support Co-ordination

Strength

- Recognised as a tool to enable vulnerable participants to implement their plan and build capacity.

Challenge

- Capacity building elements of role weak and duration does not match outcomes sought
- Often provided by person without specialist experienced in working with target group
- Target group narrowly defined
- Registration requirements not fit for purpose
- Conflict of interest.

Motivation

Some participants are motivated to change their lives. Some participants want everything to remain the same.

So during Surge, the NDIS needs to be strategic in its work in activating capacity building:

1. Identify outcomes sought; namely participants
 - a) have skills
 - b) have informal support
 - c) use services that know how to build independence and relationships
 - d) have avenues for emotional and practical support on the journey.
2. Identify what works to inform future practice.
3. Communicate clearly about the capacity building tools of the NDIS.
4. Improve effectiveness of Support Coordination including investigating impact of separation from core supports.
5. Provide capacity building supports to participants motivated and ready to actively engage.
6. Fund peer networks as long term cost effective strategy.