## **Self-Management**

- Self-management is a plan management option to enhance participant choice and control. The Productivity Commission 2011 Report indicated that self-management would lead to better participant outcomes and Scheme sustainability.
- The NDIA gives mixed messages about self-management and participants are confused.
- What should the NDIS do?

The NDIA should support the growth of self-management in an efficient, effective, risk mitigating and sustainable manner.

## Self-management is important because it:

- Improves participant outcomes
- · Rewards initiative
- Provides value for money
- Can disrupt the market
- Is fiscally sound
- Can expand the workforce

The NDIA can support the growth of self-management

By positioning self-management as an enabler of transformation to an ordinary life.

Strategies include:

- Increase the flexibility of R&N support enabled by selfmanagement
- Provide a guide to develop an ordinary life
- Assist participants to
  negotiate service agreements
- Encourage participants to self-manage
- Develop systems to support self-management
- Address the skill deficit in the sector.

## The NDIA can manage the risks

The NDIA can draw on Australian, UK & US experience to manage risks associated with :

- Improper payments
- Abuse of participants
- Poor employment practices

## First steps

1. Encourage self-management in all its forms

- a) Include people who use an intermediary (a plan management provider) as selfmanaging
- b) Build demand for selfmanagement, especially using DPOs.

2. Develop systems to support selfmanagement

- a) Streamline administration
- b) Provide support to selfmanagement
- c) Encourage the use of intermediaries
- d) Reframe Support Coordination.

<sup>o the</sup> ndis